



# Eclipse in the Heartland

## 5K RUN/WALK



Join us for a HILLY, challenging 5k run to celebrate the once-in-a-lifetime Totality Solar Eclipse!

Runners and Walkers Welcome!

The race will start at the pool and basketball courts near the fairgrounds in Troy KS, and will finish at the Troy Community Building.

**COST:**  
\$10 through August 18  
\$12 on race day

All participants will receive refreshments and the first 500 paid registrants receive a solar eclipse car magnet!

Prizes will be awarded to the top 3 male and female finishers and top 3 youth finishers (12 and under).

### Race description

The 5k (3.1 mile) loop will run through the city of Troy, tackling a few hills along the way. An aid station will provide water at approximately the half-way point.

The course and all turns will be marked and staffed by volunteers for an hour after race start. After that participants are welcome to continue on the course, but volunteer aid may not be available.

Please fill out information for each participant and return with payment to Margaret Chamas: 105 S Liberty, PO Box 487, Troy KS 66087. For questions, email [mchamas@ksu.edu](mailto:mchamas@ksu.edu) or call 785-985-3623.

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Gender: M / F  
Address: \_\_\_\_\_  
Phone number: \_\_\_\_\_  
Emergency contact name and phone number: \_\_\_\_\_

*Waiver: participant (or parent/guardian if under 18) must sign below*

I hereby certify that I am in sufficient physical condition to participate and accept that participation carries an inherent risk of injury. Participation in this run is at my own risk. I understand that there may be traffic on the course and it is my responsibility to be aware and be safe at all times. I assume any and all risks of participation in the run, and waive and release any and all claims on the run organizers or sponsors. \_\_\_\_\_